

VIDEO 1

Write a letter to your child that you will give them when they are older. You could write what your dreams and hopes for them are or what values you hope they learn while growing up. You could explain how you are praying for them each day.

Initial when complete: ____

VIDEO 2

If married, what are ways you can "feed" your marriage each week?

Each month?

Each year?

If single, what are some ways you can make time for yourself so that you can continue growing closer to Christ as well as just having personal time?

Planning is the key to following through with your ideas.

VIDEO 3

What are five values that you'd like to intentionally teach your child?

1. _____
2. _____
3. _____
4. _____
5. _____

What are two habits that you will do daily that will begin practically teaching your child these values?
